
























Monday Tuesday Wednesday Thursday Friday Saturday Sunday  
**WEEK 1 5<sup>TH</sup> & 26<sup>TH</sup> Nov WINTER MENU 2018**

Monday 'MEAT FREE'	Tuesday	Wednesday	Thursday	Friday
Cheese & Tomato Pizza Smoky BBQ Pizza 	<b>All Day Breakfast</b> Sausage, Bacon, Scrambled egg Baked Beans Tomatoes & Mushrooms 	Roast Pork Yorkshire Pudding Rich Gravy Apple Sauce 	Homemade Chicken Pie with a Shortcrust Pastry & Gravy 	Omega 3 Fish Fingers 
Winter Coleslaw Mixed Green salad 	<b>Veggie Breakfast</b> 2 Veggie sausages, Baked Beans Scrambled Egg Mushrooms & Tomatoes 	Cheesy Bean Yorkshire Pudding 	Cheddar Whirls 	'New' Birds Eye Vegetable Fingers 
Rainbow Pasta (Served Hot) 	Mini Potato Waffles 	New Potatoes Seasonal Vegetables 	New Potatoes Fresh Sliced Carrots Green Beans 	Crispy Chips Garden Peas Baked Beans 
Jacket Potato with Tuna Mayonnaise 	Hot Pasta Pot with Quorn Bolognese Sauce 	Hot Roast Pork Baguette 	Jacket Potato with Chicken & Sweetcorn Mayonnaise 	Jacket Potato with Grated Cheese & Beans 
Jammy Cup Cake 	Fruit Salad & Ice Cream	Fresh Fruit Platter	Oaty Apple Crumble with Custard 	Lemon Drizzle Sponge


 **Also available Daily; Light Lunch Options Cheese Jacket Potato or Wholemeal Roll  
Salad Bar, Wholemeal Bread  
Whole Fresh Fruit, Fresh Fruit Slices or Yogurt. Fresh Milk and Water**


**WEEK 1**




Monday Tuesday Wednesday Thursday Friday Saturday Sunday  
**WEEK 2** 12<sup>th</sup> Nov 3<sup>rd</sup> Dec **WINTER MENU 2018**

**Monday**  
 'MEAT FREE'


Rainbow Pasta  
 With Schools Favourite  
 Sauce  



Sweetcorn  
 Mixed Green Salad  



**New'**  
 Cauliflower  
 Macaroni Cheese  



Pineapple  
 Upside-down Cake  
 with Custard

**Tuesday**

**'New'**  
 Crunchy Breaded  
 Herby Chicken  



Vegetable Parcels  



Buttered New Potatoes  
 Sweetcorn  
 Green Beans  



Hot Pasta Pot with  
 Beef Bolognese Sauce  


Mandarin Orange Zingy  
 Jelly with Ice Cream

**Wednesday**

Roast Gammon  
 Yorkshire Pudding  
 Gravy  


Quorn Fillet  
 Toad in the Hole  


Roast Potatoes  
 Fresh Cauliflower  
 Fresh Carrots  


Roast Gammon  
 Baguette  



Fresh Fruit Platter

**Thursday**

Sweet & Sour Pork  



Baked Mexican Wrap  



Coconut Rice  
 or Plain Rice  
 Broccoli Trees  


Jacket Potato with  
 Baked Beans  



Chocolate Fairy Cake


**Friday**


Butchers  
 Beef Burger in a Bun  
 with Tomato Sauce  


Bean Burger in a Bun  
 with Tomato Sauce  


Crispy Chips  
 Garden Peas  
 American Coleslaw

Hot Pasta Pot with  
 Quorn & Vegetable Chilli  


Fresh Fruit Pots  
 or Iced Fruit Smoothie  























 **Also available Daily; Light Lunch Options Cheese Jacket Potato or Wholemeal Roll  
 Salad Bar, Wholemeal Bread  
 Whole Fresh Fruit, Fresh Fruit or Slices Yogurt. Fresh Milk and Water**



**WEEK 2**

Tuesday Wednesday Thur **WEEK 2** Saturday Sunday Monday



Monday 'MEAT FREE'	Tuesday	Wednesday	Thursday	Friday
Pizza Cheese and Tomato or Rainbow (roasted mixed vegetables)	Sticky Sausages 	Roast Chicken Yorkshire Pudding, Sage & Onion Stuffing Gravy 	'New' Turkey Bolognaise with Garlic Bread 	Omega 3 Fish Fingers 
Mixed Green Salad 	Sweet Potato Rosti with Tomato Sauce 	Herby Quorn Fillet with Sage & onion Stuffing Yorkshire Pudding Gravy 	'New' Frittata Boats with Garlic Bread 	Quorn Dippers with BBQ Sauce 
Rice Salad Sweetcorn 	Cheesy Mash Broccoli and Peas 	Roast Potatoes Fresh Sliced Carrots Shredded Savoy Cabbage 	Green Beans 	Crispy Chips Garden Peas Baked Beans 
Wraps filled with Cheese or Tuna Mayonnaise 	Hot Pasta Pot Topped with Homemade Tomato Sauce and Grated Cheese 	Chicken Mayonnaise Baguette 	Jacket Potato with Quorn Sausages & Baked Beans 	Jacket Potato with Cheese and Beans 
Flapjack and Fresh Fruit 	Winterberry Jelly with Cream	Fresh Fruit Salad 	'New' Cherry Bakewell Sponge and Custard	'New' Autumn Spice Traybake and an Apple Wedge



*Also available Daily; Light Lunch Options Cheese Jacket Potato or Wholemeal Roll  
 Salad Bar, Wholemeal Bread  
 Whole Fresh Fruit, Fresh Fruit Salad or Yogurt. Fresh Milk and Water*

